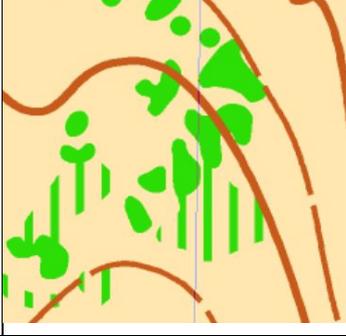


Bampton Common Compass Sport Cup - Final details v3 (changes from v2 in red)

Sunday 17th March 2019

Organising Club	Border Liners OC, CUMBRIA
Planners	Karen Parker Dan Parker
Organisers	Christine Goulding Anita Laird
Controller	Mike Edwards
Landowners	Thanks to the landowners: United Utilities and Lowther Estate and Bampton commoners for allowing us use of the land.
Vehicular Access and Parking	CA10 2QL NY497201 Signed from Helton. Recommended route from M6 J40 via A66 and A6 to Eamont Bridge, right in Eamont Bridge, then left at Yanwath to Askham and Helton. There is an awkward tight bend at Heltondale (NY503208). If you want to bring a coach please let the organisers know well in advance and a decision will have to be made about whether a coach will make this turn. The road is suitable for minibuses in normal road conditions. PLEASE CAR SHARE IF POSSIBLE. 4WD's will be of benefit as this is well drained but off-road parking. Last arrivals by 1200. No exit before 1200. Route out is the same as way in.
Caution Runners	Competitors cross the access road so drivers should be careful and drive slowly when on the fell road.
Event Cancellation	In snow and ice a decision will be made on the day before (in the evening) about cancellation as these roads are not salted/gritted. This will be communicated by email to the team captains and put on BL Facebook page
Car Parking, Assembly	Park as directed, off fell road on left side as arrive Assembly is on the other side of fell road Starts are further up the fell road
Dogs	On leads only - there are sheep and horses on the fell.
Loos, Caterers	Loos in assembly, Podium Catering, BL Junior cake stall - inaugural event
First Aiders, FA Kit	At or next to Cakes Stall, Natalie Hawkrigg then Gerry Garvey
String Course	There will be string course and it will be brilliant. Bring your tiddlers to run around it! The course will be approximately 100m from the Assembly area. Leave assembly in direction of finish.

Starts	<p>SI punching start. The controls will be enabled for SI air/SIAC dibbers but you MUST remember to follow the correct sequence at the start; a) Clear, b) SIAC Check, c) punch the start box.</p> <p>There are two starts. Leave car park assembly area for both starts in same direction. EAST start is about 100m off the road. Carry on along road and track off to right for WEST start.</p> <p>EAST - 850m, with 40m climb. WEST - 1.2km, with 80m climb.</p> <p>See table at end for details of courses and which start they go from.</p>
Late starters	Will be offered the next available slot. Some courses are pretty full so this could be a significant wait. Please do your very best not to be late.
Control descriptions	<p>Pre-entered courses - Available loose in start lanes and printed on front of map</p> <p>Entry on day courses - Available at registration and printed on front of map</p>
Safety Bearings:	<p>For courses from the west start - head east to find either the fell wall or the road.</p> <p>For courses from the east start – head west to find the road</p>
Map	All courses from the East Start cross the approach road. Yellow will have a manned crossing. Competitors on other courses can cross anywhere, but need to take care
Courses from the East start go into an area with many gorse bushes , these are mapped in sufficient detail for accurate navigation - see example here.	
Terrain description and notes	<p>Bampton Common has not been used for orienteering before. It is a large open fell across several deep valleys. Runability is generally good but with some marshy sections that can be hard going particularly after wet weather. It is generally grassy but with patches of dead bracken (unmapped) and low heather which do not affect runability. There are sections of rock and contour detail.</p> <p>Farmers use quad bikes on much of the area causing tracks that can appear quite significant for a few days or weeks. These are not on the map.</p> <p>All fields shown with solid yellow are out of bounds. It is forbidden to cross any dry stone walls. To avoid any doubt, these are highlighted in purple in the few places where there might be a temptation. Transgressors will be disqualified.</p>
Finish	100m from assembly

SIAC's at Finish	These must be dibbed, i.e. the finish box is not SIAC enabled
Course closing time	14:45
Map collection	Maps will be collected into bags labelled with club name for early finishers
Download, Results	Tent next to Enquiries tent
On your way home	There are a number of local businesses in Askham, including a village shop and café and two pubs. In Bampton there is also a pub and cafe. You are encouraged to support these. Lowther Castle grounds and café, along with Askham Hall café are also relatively nearby.
Home, feet up, bored? Hey - enter this ->	JK closing date is Sunday 24th March. If you have not yet entered, don't forget to do so in the next few days. More details at http://www.thejk.org.uk

Final Course Details

Compass Sport Class	Course	Compass Sport Age Classes	Length (km)	Climb (m)	Number of controls	Start	Scale	Map size	Descriptions
1	Brown	Men Open	9.8	390	19	West	1:10000	A3	Pictorial
2	Short Brown	M20-M40+	8.2	330	15	West	1:10000	A3	Pictorial
3	Blue Women	Women Open	6.7	175	14	West	1:10000	A3	Pictorial
4	Blue Men	M50+	6.9	185	17	West	1:10000	A3	Pictorial
5	Green Women	W20-W45+	4.7	100	9	West	1:10000	A4	Pictorial
6 & 8A	Green Men	M18-M60+	4.8	100	11	West	1:10000	A4	Pictorial
7	Veteran Short Green	M70+ W60+	3.9	100	12	East	1:7500	A4	Pictorial
8B & 10	Super Veteran And Junior Women Short Green	W18-M80+ W70+	3.7	90	14	East	1:7500	A4	Pictorial
9A & 9B	Orange	M14-W14-	3.2	80	12	East	1:7500	A4	Pictorial and Text
	Light Green		3.6	90	11	East	1:7500	A4	Pictorial
	Yellow		2.7	45	12	East	1:7500	A4	Pictorial and Text